

The High Blood Pressure Hoax

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The split between "free public domain ebooks" and "free original ebooks" is surprisingly even. A big chunk of the public domain titles are short stories and a lot of the original titles are fanfiction. Still, if you do a bit of digging around, you'll find some interesting stories.

The High Blood Pressure Hoax

The book "The High Blood Pressure Hoax" is the Part 2 to "Detoxify or Die" and shows you where to go from there to start making progress again with healing. Part 3 is called "The Cholesterol Hoax" and again this book is recommended only if after following the advice in Part 2, your progress stalls.

The High Blood Pressure Hoax: Rogers, Sherry A ...

Blood pressure drugs guarantee you will get worse, for they actually deplete the nutrients that cause high blood pressure, making sure you will need even more medications. They also shrink the brain and raise your risk of heart attack, senility and blindness. High blood pressure is not a deficiency of blood pressure-lowering drugs.

The High Blood Pressure Hoax by Sherry A. Rogers

The first thing to understand about The High Blood Pressure Hoax is that author Sherry Rogers considers hypertension itself to be no hoax at all, but a very real and serious symptom of vascular dysfunction that can be associated with numerous illnesses such as diabetes, heart disease and Alzheimer's. As a marker of something out of balance in the body, high blood pressure is not to be ignored, Dr. Rogers emphasizes, and in fact she completely endorses, the recently recalibrated "normal ...

High Blood Pressure Hoax by Sherry A. Rogers - The Weston ...

High blood pressure (hypertension) is a major risk factor for cardiovascular disease, and treating it prevents serious cardiovascular consequences.

The Fake Hypertension War | MedPage Today

The High Blood Pressure Hoax. Prefer text? welcome and thank you for tuning in you're listening to the beyond 50 radio program I'm Daniel Davis we're going to be talking about health today and approaching something that many of us usually try to consider and keep in check as we approach midlife and that is high blood pressure after all who wants to lead to things like hypertension heart ...

The High Blood Pressure Hoax | Hypertension Professor

The team studied the 10-year chances of death from heart disease among people with various levels of high blood pressure. They found that people with blood pressure in the range of 130-139/80-89 have no higher mortality risk than those with lower blood pressure. This is true even though the new guidelines say they should be taking hypertension ...

The Great Blood Pressure Scam - Institute for Natural Healing

Likewise, if you don't want cancer (or you are trying to heal it), it starts (and spreads) in areas of poor circulation. The High Blood Pressure Hoax will show you that for every ailment even one as simple as high blood pressure, there are multiple causes and multiple cures. You have a lot to choose from.

The High Blood Pressure Hoax! | Prestige Publishing

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Amazon.com: Customer reviews: The High Blood Pressure Hoax

There is a much better way to reduce your blood pressure. Dr. Scott's Blood Pressure Control Program: Exercise: Consistent good exercise is one of your best tools for keeping your blood pressure low. Vitamin C: There are scientists who speculate that high blood pressure is actually scurvy (extremely low vitamin C). While that is not true, it ...

Blood Pressure Guidelines Are a Big Pharma SCAM - Living ...

Myth: Your numbers are too high... Blood pressure naturally rises when we are stressed, in motion, tense or angry. The correct way to take your blood pressure is to sit without talking for 3 to 5 minutes, apply the correctly sized cuff to your arm, hold your arm across heart level and keep your body limp like a Raggedy Anne doll.

High Blood Pressure Myths and Lies

Untreated sustained high blood pressure leads to increased risk of heart disease and stroke. There are clear risk factors that are easily managed if the patient makes some simple lifestyle changes. In the case of hypertension, a simple 20 minute walk will reduce blood pressure by 5-10 points. I learned this from a doctor who would measure a ...

Is Your Hypertension Real or a Money Maker for Pharma?

Hypertension, or high blood pressure, is a risk factor for several health conditions, including cardiovascular problems, diabetes, and other metabolic issues.

Is high blood pressure always bad? - Medical News Today

Sherry A. Rogers, MD, an environmental doctor who has been a fairly prolific writer, has a book called THE HIGH BLOOD PRESSURE HOAX. She quite seriously supports the more modern BP figure of 120 over 70. BUT she advocates trying to figure out why the BP is high and counsels treating with diet and other lifestyle changes.

THE HIGH BLOOD PRESSURE HOAX | Louisa Enright's Blog

For Beyond 50's "Natural Healing" talks, listen to an interview with Sherry Rogers. She will talk about the ultimate plan for vascular health, teaching you m...

The High Blood Pressure Hoax - YouTube

Is There a New High Blood Pressure Hoax? By Dr. Richard Gerhauser, M.D. Posted April 13, 2020 There's been an explosion of hypertension cases in the U.S. Literally overnight, the number of Americans with high blood pressure skyrocketed from 72 million to 103 million.

Is There a New High Blood Pressure Hoax?

CoQ10 has been shown to improve symptoms of congestive heart failure. Although findings are mixed, CoQ10 might help reduce blood pressure. Some research also suggests that when combined with other nutrients, CoQ10 might aid recovery in people who've had bypass and heart valve surgeries. Parkinson's disease.

Coenzyme Q10 - Mayo Clinic

The High Blood Pressure Hoax! By Sherry A. Rogers, M.D. \$19.95 Blood pressure drugs guarantee you will get worse, for they actually deplete the nutrients that prevent high blood pressure, making sure you will need even more medications.

Prestige Publishing | Prestige Publishing

Re: The High Blood Pressure Hoax. Pravachol, for one, was scientifically shown to reduce the chance of heart attack. I think there may be another statin where this is true too. Also, niacin has been shown to reduce chances of heart attacks as well.

Heart & Vascular - High & Low Blood Pressure: The High Blood

Primary prevention is a bit murkier, and the subject of Dr. Heath's article. The idea is that by treating high blood pressure before the heart attack (or stroke, or kidney failure, etc.) we can ...